

Have you ever had a fall or other little accident while you were away from home? Maybe you bump your head or fall off your bike and scrape your knees? Someone might offer to help you, and to put a bandage on the cut. But you reply "No thank you" because you want to get home to Mom. She always knows just what to do: a Band-Aid and a big hug. Sometimes family is the best medicine!

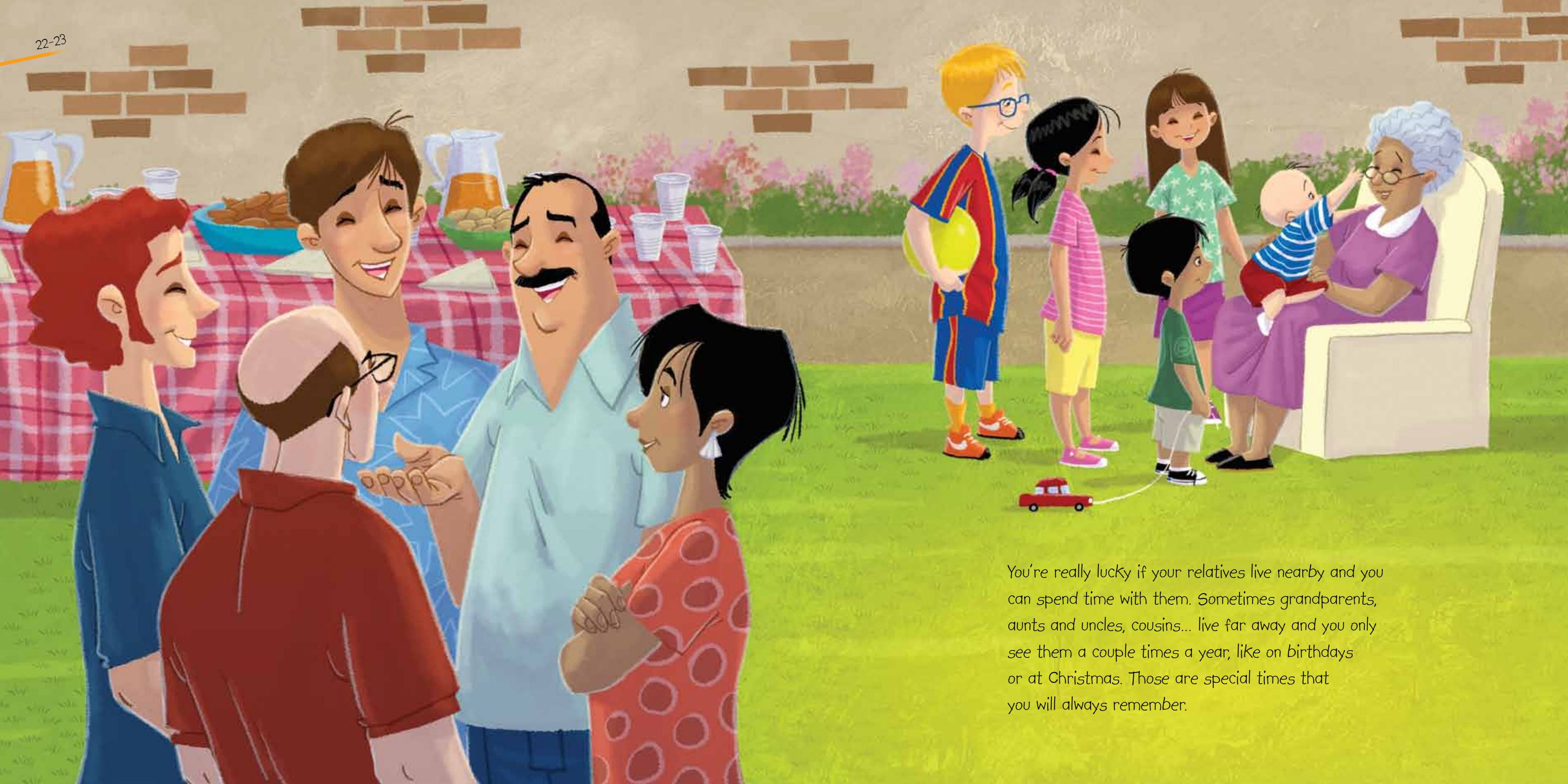






Have you ever had your feelings hurt when your friends are unkind to you? They call you names or make fun of you. An adult at school comes along and offers to lend a hand. But you reply "no thank you" because you want to get home to Grandma. She always knows just what to do: a cup of hot chocolate and a nice long chat. This is when time with Grandma is the best medicine for you!





You're really lucky if your relatives live nearby and you can spend time with them. Sometimes grandparents, aunts and uncles, cousins... live far away and you only see them a couple times a year, like on birthdays or at Christmas. Those are special times that you will always remember.